

Make your own nectar bar

No matter how big or small your space,
there's lots you can do to help our insects!

Window box nectar bar

1. You'll need a window box
(or two if you've got the space) with drainage holes
2. Use peat-free compost in your window box
3. Stock up on pollinator friendly plants that
are suitable for window boxes. Choose from:

Lavender
Thyme
Sage

Early Crocus
Agrimony
Rosemary

4. Water regularly over spring and summer

A Garden Border

1. Identify a strip of your garden
border that you can keep just for pollinators
2. Dig up any old roots to prepare your border
3. Choose your pollinator friendly plants.
We recommend:

Back of border
Foxglove
Vipers bugloss
Buddleia
Borage

Front of border
Oxeye Daisy
Yarrow
Cowslip
Hellebore

4. If you have a fence, wall or tree stump
grow ivy and honeysuckle against it.
Ivy flowers in autumn so it is a great
source of nectar later in the year.